



NAME _____

DATE _____

How Many Hands: One or Two?

SCRIABIN Prelude for the Left Hand Alone, op. 9, no. 1

LEFT OR RIGHT?

The composer Alexander Scriabin wrote this music to be played with left hand only.

Which hand is which? Write your answer on the line!



With which hand do you write? _____

Which hand do you use to eat? _____

Everyone has a hand that they naturally use more than others; this is called your **dominant hand**. It's the hand you use to eat and write! Your dominant hand is usually stronger and easier to use than the other hand. Circle your dominant hand in the picture above.

LET'S TRY!

Try to write your full name below with the hand that is NOT your dominant hand.

What did that feel like? Was it challenging?
